

Maca Energy™



ORGANIC



NON GMO



- Support healthy mood balance (during menopause)
- Source of antioxidants

Ultimate Maca Energy™ is made with 100% pure, traditionally sundried, natural and certified organic maca root grown exclusively in the Andean highland zones of Peru at altitudes of 14,000 ft. **Ultimate Maca Energy™** maca root has many health benefits and scientifically tested properties. In addition to being a source of vitamins, minerals, protein, amino acids and complex carbohydrates, Ultimate Maca Energy also contains an impressive array of bioactive components and antioxidants, which are responsible for its numerous benefits.

The Various Benefits of Maca

Maca is a well-known and powerful adaptogen, which means that it is a substance that helps to increase the body's natural resistance to environmental stresses. Recent human clinical studies have provided convincing scientific evidence supporting supplementation for healthy mood balance during menopause.

How Maca Works

Maca is loaded with vital nutrients in bioavailable forms which assist the body in its on-going process of regeneration, ultimately helping to replenish and recuperate from different problems and providing ultimate balance and wellbeing. Its actions focus mainly on the hypothalamus and pituitary glands, assisting the body in balancing hormones. This is where the main benefits associated with maca can be noted (e.g. mood balance).

Maca Energy™ CAPSULES

Each capsule contains: **Medicinal ingredient:**

Organic Gelatinized Maca Extract (6:1) (*Lepidium meyenii*) (root) 750 mg

Non-medicinal ingredients: Vegetarian capsule (cellulose, purified water), silica, magnesium stearate.

Recommended adult dose: 4 capsules per day or as directed by a health care practitioner. Consult a health care practitioner for use beyond 6 weeks.

CODE: 0318-90 veg caps, 0319-180 veg caps NPN: 80032503

Maca Energy™ POWDER

Each Teaspoon Contains:

Medicinal Ingredient:

Organic Gelatinized Maca Extract (6:1) (*Lepidium meyenii*) (root) 3 g

Recommended adult dose: 1 teaspoon (3 g) per day or as directed by a health care practitioner.

CODE: 0386-150g NPN: 80032491

Maca Energy™ PLATINUM XP® LIQUID

Ingredients: 100% Organic Black Maca Root, Water, Alcohol and Cellulose Gum (18:1).

Recommended adult dose: Take 1 tsp straight or mixed with your favourite drink or food 1-3 times daily.

CODE: 0364-Platinum 130ml NPN: 8003288g

