

Prostate Health



- Support Prostate Health
- Relieve Frequent Urination
- Improve Weak Urination
- Relieve Nighttime Urination

A Healthy Prostate, a Healthy Life

As men age, the health of the prostate gland starts to become a greater concern. After the age of 50 the risk of problems including difficult, frequent, or painful urination resulting from enlarged prostate (benign prostate hyperplasia – BPH) increases dramatically.

Dr. Whitaker's unique complex of proven herbs and nutrients found in Prostate Health features ingredients like saw palmetto and pygeum, two herbs renowned for their ability to help maintain proper prostate health. These herbs and other ingredients including pollen extract, nettle root, hydrangea, zinc and lycopene are all well known for their effectiveness in supporting prostate health, including reducing the unpleasant symptoms of BPH.

Dr. Whitaker recommends every man over age 40 take the nutrients in Prostate Health to help maintain healthy prostate and urinary function. This natural herbal complex is the same one Dr. Whitaker gives to patients and uses himself, and is safe to take every day, as long as you like. Dr. Whitaker also recommends every man over 40 have a prostate exam once every three years.

Each Softgel Contains:

Medicinal Ingredients:

Saw Palmetto Extract (<i>Serenoa repens</i>) (85% Fatty Acids) (fruit)	80 mg	Pygeum africanum Bark Extract (13% Phytosterols)	20 mg
Nettle Extract (<i>Urtica dioica</i>) 10:1 from 750 mg Nettle Root	75 mg	Zinc (Zinc Bisglycinate)	7.5 mg
Beta-Sitosterol (Glycine max) (seed)	100 mg	Hydrangea Root Extract (<i>Hydrangea arborescens</i>) 4:1 from 10 mg Hydrangea Root	2.5 mg
Pumpkin Seed Oil (<i>Cucurbita pepo</i>)	100 mg	Lycopene (<i>Solanum lycopersicum</i>) (fruit flesh)	1.5 mg
Rye Flower Pollen Extract (<i>Secale cereale</i>) 20:1 from 2000 mg Flower Pollen	100 mg	Copper (Copper Gluconate)	500 mcg

Non-medicinal Ingredients: Softgel capsule (gelatin, glycerin, purified water, carob, titanium dioxide), soybean oil, yellow beeswax, lecithin.

Recommended Adult Dose: 2 softgels 2 times daily or as directed by a health care practitioner. For occasional use only, if used as diuretic. Consult a health care practitioner for use beyond 24 weeks.

CODE: 0035-120 softgels NPN: 80036000

