



IMMUNO-CARE

How does Immuno-Care work to help symptoms of seasonal allergies?

Our combination of plant sterols, antioxidants and Cellasate helps to facilitate absorption and it is a powerful synergistic formula. Immuno-Care modulates immune function, reduces inflammatory markers (such as IL-6) and supports the cellular function from oxidative stress and damage. The pathway that Immuno-Care works on to reduce allergies is by dampening down basophil, eosinophils and mast cells, as these are the cells that release histamine, causing the typical 'allergic reaction'.

What is Cellasate™ and what is it sourced from?

Cellasate is a peptide structure that facilitates the absorption of the plant sterols and antioxidants into the body's cells. A study done in the US showed that Immuno-Care did penetrate the cell membrane and give an antioxidant protection to the cell. It is very important for any product to work at the cellular level as it is more therapeutic. Cellasate is a combination of peptides and amino acids derived from fruits and oil producing seeds.

Are there any cautions I should be aware of?

As the Biolysate™ may increase the absorption of medication, please consult your physician before taking this supplement if you are already on any sort of medication. If you are pregnant or nursing consult your physician. Those with M.S. should initially take half a capsule only, as symptoms may be either aggravated or alleviated, depending on the individual. Diabetics should only take this product under supervision of a physician as it may reduce insulin requirements. Anyone with an Organ-transplant should not take this supplement.

Why is there a caution regarding organ and tissue transplants on your Immuno-Care label?

The specific ingredient that prompts this label caution are the plant sterols. They are immune modulators and will affect immune response. Since all organ transplant recipients are on anti rejection drugs, it is advisable that they do not use the product.

Why shouldn't Immuno-Care be taken with milk?

Milk can block the absorption of plant sterols, they are very similar to cholesterol in structure and compete for cellular receptors. Taking Immuno-Care first thing in the morning on an empty stomach and then waiting 30 minutes before eating will help make the plant sterols more active.

Can children take this product?

For children under age 12, the capsules could be opened and 50% of the powder can be added to a spoonful of organic apple sauce. For a child with bad allergies, colds or flu, this dosage could be done twice per day (once in the morning and again in the evening) until the symptoms subside. Children 12 and up can follow the adult dosages.



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I've heard that I can treat my dog or cat with Immuno-Care. Is this really true?

Absolutely, the product works very well for dogs and cats. A dog's immune system is almost identical to a human's and they can get many of the same conditions we do - like rheumatoid arthritis, irritable bowel, lupus etc. 50% of dogs have allergies to either poor quality dog foods that are on the market or to air-borne allergens, etc. Immuno-Care works well at helping these dogs feel better without the nasty side effects of the pharma drugs some vets use. Dosing for a small dog like a poodle, we recommend 1-2 capsules per day, and retriever size 2-3 caps per day. Once the symptoms have calmed down then the owner can try to drop the dose down. It is advisable to keep a maintenance dose going with the animal - a small dog at 1 cap every other day, and a larger dog at 1 cap per day. The beauty of Immuno-Care with animals is that their stomachs are extremely acidic and with the enteric coating on the Immuno-Care caps the product does not get destroyed in the stomach area.

Why do you enteric coat Immuno-Care?

Enteric coating is essential for high quality supplements containing expensive and highly efficacious ingredients like those found in Immuno-Care. The special based coating used in Immuno-Care offers an optimal delivery system ensuring higher levels of absorption. Most enteric coatings work by presenting a surface that is stable at the highly acidic pH found in the stomach, but breaks down rapidly at a less acidic (relatively more basic) pH. For example, they will not dissolve in the acidic juices of the stomach (pH ~3), but they will in the alkaline (pH 7-9) environment present in the small intestine. Although enteric coating is a common technology employed with expensive pharmaceutical medications, it is rarely seen in the nutritional supplement industry! Some experts believe that (in non-enteric coated products) the bioavailability of supplements (i.e. all the contents) is only 10-15% due to damage from gastric juices and enzymes in the stomach. Absorption is a CRUCIAL aspect to consider when evaluation supplements. Absorption, known technically as bioavailability, can and does vary significantly from supplement to supplement and it is good to keep this in mind if you are a consumer who buys according to price.

Is Immuno-Care gluten free?

Yes, we can confirm that Immuno-Care is gluten free.

Are your capsules GMO free?

Yes, both our capsule shells and our softgel shells are GMO free

Where do you source your products from?

All of our products are manufactured at a GMP facility certified by Health Canada. All raw materials come in and are tested for purity, safety and potency. If they do not meet our standards they are rejected and sent back or destroyed. We use the highest quality ingredients available. Many of our products contain proprietary patented ingredients that have been clinically researched. We also use organic whenever we can.

Are your products peanut free?

Following compliance with food regulations, in order to make a negative claim such as "peanut free", it would be necessary to insure a zero tolerance of any peanut traces, including the possibility of cross contamination. Although our manufacturing facility has a policy in place for allergen control, there is no specific policy for peanuts, nor is there a specific "no peanut agreement" with our raw material suppliers

Can your products be used after the expiry date has passed?

Supplements generally keep their potency long after the expiry date. There is certainly no safety issues with consuming after the expiry date has passed however the potency degrades over longer periods of time.



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Do all of your products have NPN numbers?

Some of our products have received NPN numbers. Others are in the application process or are waiting to be reviewed by Health Canada.

If a product does not specify "vegetarian capsule", then what is it made from?

These capsules are gelatin capsules sourced from either pork or beef.

Are any of your products "vegan-friendly"?

Yes, AdrenaSense, BioSil, EstroSense and MenoSense (from our Preferred Nutrition and WomenSense lines), our MacaPunch Products and the Ultimate Anti-Stress Vegan formula are all vegan friendly.

Can I purchase products directly from you? I went to a health food store and the prices seem very expensive.

We only sell to Health Food stores since they have a personal commitment to the natural health lifestyle. Consumers are then able to buy our products from knowledgeable staff that are genuinely interested in helping people be well - people who care! Always be sure to look for in store promotions or coupons when you are making your purchases as this can help alleviate your cost concerns.

Do all health food stores carry all of your products?

To find Health Food stores in your area that carry our products, please click on "Store Locator" at the top of this screen. All you have to do is enter your postal code and you will be given a list of retailers in the radius that you choose. We do recommend calling ahead to see if they stock the item you are looking for and in most cases if a store does not normally carry something, they will offer to do a special order for you.

Are any of your products tested on animals?

No, there is no animal testing on any of our products.

Should your supplements be taken with or without food?

Most of our products will specify directly on the bottle whether they should be taken with a meal or not. If nothing is stated, then the choice is yours as to when the best time is for you to take them.

I like the sound of many of your products. Am I able to take different formulas at the same time?

Yes, it's safe to combine various WomenSense products to help support the body in achieving optimal health. The same applies to the Balanced Planet products, Dr. Whitaker's formulas and to Brad King's. If you are unsure of any combination, then please consult your Health Care Practitioner.

I have heard that drinking green tea along with my supplements will end up flushing out all the nutrients? Is this true?

No, you are fine taking your supplements with green tea. Coffee inhibits the absorption of nutrients, but the caffeine in green tea will not pose the same problem.

Can you tell me if I can combine any of your supplements with the medication(s) I am on, as prescribed by my doctor?

It is best to consult your Doctor or alternative Health Practitioner before taking any new supplements while on medication.

Can I take your products when I am pregnant or breastfeeding?

We are not able to make any recommendations with any of our products when it comes to pregnancy or while nursing. You must contact your Health Practitioner, Naturopath or Pharmacist.



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I understand that you put a recommended dosage on your labels, but I can take more or less than that, right? And, really, do I have to take the product every day?

With regards to the recommended dosage, we would suggest you speak to your Doctor or Health Care Practitioner before increasing any amounts. As with any supplement you can determine your amount based on your personal preference - if you find that a product works for you immediately then you should be fine to take it just on the days you feel you need it, but again we suggest you discuss this with you MD or HP. Some consumers find that a product needs to be in their system for a few days to a few weeks before they notice results and/or feel the full benefits.

I don't understand why when I purchase your product and open the bottle, the contents don't even fill 1/2 of the packaging that is being used?

The containers we use are determined based on product fill and required label information, as well as capsule count when/where applicable. Sometimes we do have to use a larger bottle than seems necessary because of the information required on the labels - requirements both from Health Canada and in order for the label to be clear and legible to our consumers. Also, in a case where we are offering larger volume (ie/ 400g versus 200g or 180 capsules versus 90 capsules), then we have to put the contents in a bigger container in order for there to be differentiation on the shelf.

What is your 100% money-back guarantee?

Our 100% money back guarantee ensures that if a customer is not completely satisfied with their purchase, they can return it to their point of purchase and we will credit the Health Food store 100% of their purchase price from us. We cannot dictate if a store will give cash back or an in-store credit ~ but we do promise to credit them, regardless of the reason for the return.



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