

Vision Essentials®



- Reduce Risk of Cataracts
- Support/Maintain Eye Health
(in those with Cataracts and Macular Degeneration)
- Improve Macular Pigment Optical Density

There's never been a better time or an easier way to start taking care of your eyes!

Vision Essentials® contains all natural ingredients to help support and maintain healthy vision:

BLACK CURRANT and **LUTEIN** help improve night vision, eye fatigue and glare tolerance.

BETA-CAROTENE helps with clear eyesight. This organic compound synthesizes a chemical needed for clear eyesight. And, when combined with other eye-supporting nutrients, beta-carotene works even harder to maintain eye health.

ALPHA LIPOIC ACID, TAURINE, N-ACETYL-L-CYSTEINE and **VITAMIN C** combine to shield delicate eye cells from the damaging oxidative stress caused by UV light.

GINKGO BILOBA improves circulation and blood vessel health in the eyes, helping to support vision in patients with macular degeneration and other eye issues.

In addition to these, Vision Essentials also includes zinc, copper, carrot powder, L-glutamic acid, glycine, lycopene from tomato extract, and quercetin as part of a total solution for comprehensive vision support.

Each Capsule Contains:

Medicinal Ingredients:

Beta-Carotene (All-trans-beta-carotene)	2250 mcg (3750 IU)	Tomato Extract (<i>Lycopersicon esculentum</i>) (5% lycopene) (fruit)	0.75 mg
Vitamin C (ascorbic acid)	25 mg	Lutein (<i>Tagetes erecta</i>) (flower oleoresin)	1.5 mg
Zinc (zinc monomethionine)	12.5 mg	Carrot Powder (<i>Daucus carota</i>) (root)	65 mg
Copper (HVP chelate)1 mg	Ginkgo Biloba Extract (<i>Ginkgo biloba</i>) (24% flavonoid glycosides, 6% terpene lactones) (leaf)	20 mg
R-alpha-Lipoic Acid	2.5 mg	Taurine	100 mg
N-Acetyl-L-Cysteine	65 mg		

Non-medicinal Ingredients: Microcrystalline cellulose, gelatin capsule (gelatin, purified water), vegetable grade magnesium stearate (lubricant), blackcurrant extract, quercetin, L-glutamic acid, glycine, silica.

Recommended Adult Dose: 4 capsules daily with meals providing protein, a few hours before or after taking other medications, or as directed by a health care practitioner. Consult a health care practitioner for use beyond 6 months.

CODE: 0540-120 caps, 0541-240 caps NPN: 80048783

